

UPtraining

HOCKEY SCHOOL

The new season is coming.
UPtraining will get you
ready.

UPtraining Hockey School was created to help you prepare for the new hockey season.

Pierre Arsenault and Lucrèce Nussbaum (Head Coach, Mounties women's hockey program) will oversee dynamic sessions that will challenge development. Focus will be skill development and conditioning for the upcoming season.

Every player will receive the following:

- 5 ice sessions with qualified and experienced coaches
- All ice times at Tantramar Veterans Memorial Civic Centre

U18 Training Group

Size: Limit of 25

Dates: Sept. 26th-Oct. 4th (actual ice times will be provided after registration is confirmed)

Cost: \$100 (5 ice times)

REGISTER TODAY!

To register, contact Karen Arsenault
at coach@uptraining.ca



Coming soon
www.uptraining.ca