

The new season is coming. UPtraining will get you ready.

UPtraining Hockey School was created to help you prepare for the new hockey season. The weeklong school will be led by Pierre Arseneault along with partner coaches and athletes. Every player receives 5 ice times with a focus on skills, conditioning and overall development in preparation for the new hockey season.

Every player will receive the following:

- 5 ice sessions with qualified and experienced coaches
- An UP training t-shirt
- All ice times at Tanramar Veterans Memorial Civic Centre

GROUP #1 (U9/U11) (2012, 2013, 2014, 2015)

Size: Limit of 32
Dates: September 12th – 17th (actual ice times will be provided after registration is confirmed)
Cost: \$130 (5 ice times)

GROUP #2 (U13) (2010, 2011)

Size: Limit of 32
Dates: September 12th – 17th (actual ice times will be provided after registration is confirmed)
Cost: \$130 (5 ice times)

GROUP #3 (U15/U18) (09, 08, 07, 06, 05)

Size: Limit of 32
Dates: September 12th – 17th (actual ice times will be provided after registration is confirmed)
Cost: \$130 (5 ice times)

NOTE: We may make adjustments to the breakdown of groups based on registration trends.

REGISTER TODAY!

To register online – please visit www.uptraining.ca and follow the hockey school links.

